INFORMATION DURING MANDATORY QUARANTINE PERIOD

What is mandatory quarantine?

It is the separation of persons who are not ill, who may have been exposed to an infectious agent or disease, to monitor signs and symptoms and detect cases early.

Where will I be quarantined?

Trademark Hotel, Village Market, Nairobi is the current Ministry of Health approved quarantine facility available to UN personnel and their dependents.

JMS will provide kits containing gloves, masks, and a thermometer for daily am and pm readings, to be shared through the 24-hour hotline number.

What duration will I be in Quarantine?

The mandatory quarantine period is fourteen (14) complete days.

When will I be tested?

Testing is conducted by Ministry of Health team from day eight (8), following mandatory quarantine. The samples collected are oropharyngeal and nasopharyngeal swabs and the collection process takes approximately fifteen minutes (15 minutes). Results will be available within 24hrs-36hrs.
What happens during the quarantined period?

You will be followed up by JMS medical personnel including the mental health team and Ministry of Health officials, during your stay at the facility.

You will be requested to take daily temperature readings, morning, and evening, and take note of any signs and symptoms of covid 19 and any information of preexisting illness and allergies to the JMS team. JMS team will check in daily throughout your quarantine period.

There is time allocated daily, in order to leave your room, for a designated open area within the hotel, where you are advised to maintain hand and respiratory hygiene, social distancing (1.5m to 2m) and wear a mask.

What happens if I test positive?

You will be transferred to an approved covid 19 facility (Aga Khan University Hospital or Nairobi Hospital) for care and treatment.

What is the clearance process?

Following completion of the quarantine period (14 DAYS), clearance will be done by the Ministry of Health team on day 14 or the morning of day 15, by completing and signing a self-quarantine declaration form, following which you will continue with self-isolation at home for an additional seven (7) days.

JMS contacts

- JMS 24-hour hotline: 0724-255-378.
- JMS counsellors: 0793-484-333/ 0728-961-939