The following protocol will guide the discharge of a person from mandatory quarantine. A person can be discharged from quarantine if they meet the following criteria

1. **Have completed the full term of mandatory quarantine and have a negative COVID 19 result**

   a) People who complete Fourteen (14) days of quarantine should be discharged with a discharge form as a record of having completed mandatory quarantine and proceed to self-quarantine for further Seven 7 days up to a total of Twenty one (21) quarantine days. The basis of this is that there are possibilities of one having being infected while in quarantine. Secondly some people may have slow viral multiplication and therefore undetectable viral load or late exhibition of symptoms. The aim is to limit the possibility of spreading infection that may have been missed during period of mandatory

   b) While in self quarantine they will be expected to continue daily monitoring of COVID 19 symptoms: Fever, cough, shortness of breath, sneezing, headache and sore throat

   c) Anyone who develops symptoms during the period of self quarantine should be tested for COVID 19. If found positive they will be isolated for observation and appropriate treatment

   d) Close contacts of anyone found to have positive results of COVID 19 will go into quarantine.

*NB: As per directive shared on Friday, 3rd April 2020, people in mandatory quarantine sites with a person who has tested positive for COVID 19 will continue 14 more days on quarantine. Details on how these will be managed will be shared in due course.*

2. **Patients with co-morbidities, pregnant and those above the age of 60 people with disability and special medical needs:**

   a) Should have SARS-COV 2 RT PCR testing and if negative allowed home with strict instructions to continue on self quarantine up to 21 days of quarantine as per self-quarantine guidelines. This should be monitored
b) The home situation should be assessed to ensure that self quarantine is feasible.

**At Discharge**
1. Advice on infection control practices to avoid re-infection should be emphasized. These include ensuring social distancing, cough etiquette and regular washing of hands.

2. Anyone discharged from quarantine MUST sign a declaration Form and commit to continue quarantine till the end of quarantine. Anyone who breaks quarantine rules will return to mandatory quarantine for 21 days at their cost.

3. At home, individuals should continue to monitor and record their temperature twice daily and promptly report any fever or other symptoms. This means that individuals must buy thermometers to monitor themselves at home.

**Hotel Administration**
1. The hotel administration must ensure all dues are settled before persons are discharged from quarantine

**Quarantine teams from MoH**
1. The health worker teams will identify those who qualify for discharge as per the discharge protocol

2. The teams will be expected to ensure that before discharge, the persons understand;
   a) The conditions to be met on discharge and that failure to adhere to the quarantine protocols after discharge result in a 21 day mandatory quarantine at their own cost.
   b) That if they develop symptoms, they should document their contacts for contact tracing and quarantine
3. The teams will be expected to witness the signing of the Self Quarantine Declaration form