POST DEPLOYMENT CHECKLIST
(Travel from Novel Corona virus 2019-nCov affected countries)

Traveler: Name: ___________________________ Sex: □ M □ F Age: ________

Are you suffering from any respiratory illness cluster of unknown etiology? Yes ☐ No ☐

Date of symptom onset: _______________________ Symptoms (mark all that apply): □ Fever □ Chills □ Cough □ Sore throat
□ Shortness of breath □ Muscle aches □ Vomiting □ Diarrhea □ Other: ________________________________

In the 14 days before symptom onset did you (mark all that apply):

☐ Have close contact⁠ with a known Corona virus (2019-NcoV) case?
☐ Have close contact with an ill traveler from China/neighboring country of Novel Corona virus affected country? If Yes, countries: _______________________________

Were you: Hospitalized? If Yes, admission date: ________________________________ Yes ☐ No ☐ Unknown ☐

Any clinical or radiologic evidence of pneumonia? ________________________________ Yes ☐ No ☐ Unknown ☐
Any clinical or radiologic evidence of acute respiratory distress syndrome (ARDS)? ________________________________ Yes ☐ No ☐ Unknown ☐

Post-travel advice after your trip to China/neighboring countries or Novel Corona virus affected country:

1. Self-monitor for 14 days

2. If you do not have any symptoms, you can continue with your daily activities, such as going to work, school, or other public areas.

   However, if you start suffering from any of the below symptoms:
   Fever
   Cough
   Chills
   Shortness of breath
   Sneezing
   Seek prompt medical attention especially if your illness is worsening (e.g., difficulty breathing). Before going to your medical appointment, call the healthcare provider and tell him or her about your travel history. This will help the healthcare provider’s office take steps to keep other people from getting infected. Ask your healthcare provider to call the local or state health department.

   Stay home. Avoid close contact with anyone; You should restrict activities outside your home, except for getting medical care. Do not go to work, school, or public areas, and do not use public transportation or taxis.

   Cover your mouth and nose with a tissue when you cough or sneeze, or you can cough or sneeze into your sleeve. Throw used tissues in a lined trash can, and immediately wash your hands with soap and water for at least 20 seconds.

   Wash your hands often and thoroughly with soap and water for at least 20 seconds. You can use an alcohol-based hand sanitizer if soap and water are not available and if your hands are not visibly dirty. Avoid touching your eyes, nose, and mouth with unwashed hands.

   You should not share dishes, drinking glasses, cups, eating utensils, towels, bedding, or other items with other people in your home. After using these items, you should wash them thoroughly with soap and water.

Family Name: ___________________________ Initial: ___________________________

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1 Close contact is defined as: a) being within approximately 6 feet (2 meters) or within the room or care area for a prolonged period of time (e.g., healthcare personnel, household members) while not wearing recommended personal protective equipment (i.e., gowns, gloves, respirator, eye protection); or b) having direct contact with infectious secretions (e.g., being coughed on) while not wearing recommended personal protective equipment. Data to inform the definition of close contact are limited. At this time, brief interactions, such as walking by a person, are considered low risk and do not constitute close contact.